

# **Physical Education Enrichment Program**

## **Grade 5**

The Physical Education Enrichment Program offers a special opportunity for young student athletes who display a high level of performance in the regular physical education program. This enrichment program will develop skills and proficiencies that are advanced in addition to the activities done in the regular physical education program.

The following procedures shall be used to identify students capable of high performance:

1. The student's overall performance which includes skills, effort and attitude in regular physical education classes.
2. The student's scores in the Presidential Fitness Challenge.
3. Scores from various skills tests which measure both cognitive understanding and physical ability within the physical education program.
4. In regular physical education the student must stay on task and exhibit excellent behavior during the entire class period.

Once the student has fulfilled the above criteria he or she may be included in the program for children capable of high performance in physical education.

Activities derived mostly from a sport education model included in the Physical Education Enrichment Program are as follows:

1. Participation in Games/Sports- Students will have the opportunity to play games and sports that require a higher level of achievement and performance with like peers.
2. Games- Designing new games or activities with accompanying rules which stimulate creativity while at the same time increase awareness of the elements of game design.
3. Teaching- Students will be given the opportunity to teach a game or sport to enable them to become more knowledgeable in rules and strategies.